Shortening treatment time by using OrthoPulse

By Biolux Research Ltd.

OrthoPulse is a clinically proven device that uses low levels of light energy to stimulate the periodontium and alveolar bone surrounding the roots of the teeth and facilitate tooth movement which may reduce treatment time.

Case presentation

Patient diagnosis
A 24-year-old female presented with Class I occlusion, a deep bite, and crowding along with a narrow maxillary and mandibular arch form (Fig. 1). Her right muscles of mastication, including the lateral pterygoid, were tender upon palpation. Incisors were asymmetrical due to bruxism.

Treatment goal
The patient was prescribed with Invisalign treatment to align teeth, broaden both arch forms to fill buccal corridors and improve upper cuspid torque. Aesthetic enameloplasty was also proposed to conceal bruxism wear.
Adjunctive OrthoPulse treatment of 5 minutes per arch daily was implemented to accelerate aligner progression, which occurred based on self-assessment. In a daily questionnaire, the patient was asked to report the following:
1. pain, a common side effect of orthodontic treatment due to applied forces,
2. air gaps, to monitor fit between orthodontic appointments and
3. pressure, as an indicator of orthodontic force magnitude.

When pressure was given the lowest rating, the patient would switch to her next aligner. The orthodontist, as expected, was in charge of the entire course of the treatment and verified tracking of the teeth in aligners during regular appointments.

Analysis of results achieved
Treatment using OrthoPulse progressed well. Archform development and tooth alignment were achieved in a time period of less than four months. The patient was changing Invisalign aligners every 5.5 days during her OrthoPulse active study phase. An interesting finding was that she was able to change aligners during her refinement/fine-tuning phase at the rate of every 4 days using OrthoPulse. Overall treatment time was less than one year, but it is important to note that several of the 12 months included non-OrthoPulse periods during the study and waiting for additional aligners during the refinement phase.

Clinical case prepared by Dr Todd Dickerson, USA.

contact
Biolux Research Ltd.
220–825 Powell St.
Vancouver, BC, V6A 1H7
Canada
www.orthopulse.com

Fig. 4: Final result on a panoramic X-ray.

Fig. 5: Final cephalometric X-ray.

Fig. 6: Final result.